

Physician Forum

 Advocate Illinois Masonic Medical Center

Spring 2009



836 W. Wellington Avenue • Chicago

www.advocatehealth.com/immc

A Message of Welcome

Branko Pavlovich, MD, Medical Staff President
Robert Zadylak, MD, Vice President, Medical Management
Susan Nordstrom Lopez, AIMMC President



Branko Pavlovich,
MD



Robert Zadylak,
MD



Susan Nordstrom
Lopez

Welcome back to your *Physician Forum*. We're happy to relaunch this important publication.

Several members of the AIMMC medical staff have asked for more communication—more information on the innovations and happenings at Illinois Masonic. With the relaunch of this quarterly publication, our aim is to bring you the news you need to assist in your practice and in best seeing to the needs of your patients.

We've distributed this newest issue primarily through electronic means—e-mail and Intranet posting. This will save green—both trees and money. We'll be experimenting over the next few issues with the content we deliver, hoping to find the information that is the most interesting and valuable to you. Please feel free to let us know what you think and how we might make the publication more valuable for you.

We'd also like to take this opportunity to thank you, one and all, for your excellent clinical and financial performances on behalf of AIMMC during 2008 as well as your support of the evolution of the Advocate Medical Group last year. Your skill and dedication continues to shine through in 2009.

We look forward to continued success in the year ahead and to hearing your thoughts on renewed physician communication tool.

Medical Innovations @ AIMMC

Single-incision Hysterectomy First of its Kind in Chicago

In March, Abraham Shashoua, MD, performed the first single-incision laproscopic surgery (SILS) hysterectomy in the Chicagoland area.

Using the state-of-the-art approach, Dr. Shashoua was able to perform the entire procedure with just one incision—the typical laproscopic procedure requires four to five. The incision was even made in the patient's navel, so the surgery left behind no visible scar.

"The patient went home the next day and is doing very well," he said. "This procedure will allow her to heal more quickly and experience a lower level of post-operative pain. Plus, the scar should be barely noticeable."

In addition to the hysterectomy, other procedures using SILS have also been performed by surgeons at AIMMC.

Dr. Shashoua is no stranger to innovation, being the first surgeon in Chicago to perform a hysterectomy with the da Vinci Robotic Surgery System in 2005. Since then, more than 150 hysterectomies have taken place at AIMMC using the system.

His office is located in the Women's Pelvic Center, suite 405 of the Medical Office Center, and he can be reached at (773) 296-7300.



Abraham
Shashoua, MD

Radiology Residency Among Elite



Surya
Nadimpalli,
MD



Kevin
Kirshenbaum,
MD

The American Board of Radiology ranked AIMMC's Diagnostic Radiology Residency Program at the top of the nation's 184 programs. It boasted a 100 percent first-time pass rate from the 2008 graduating class. Only about 20 other programs had as high a first-time pass rate.

Key Result Area (KRA) Data

Health Outcomes for March 2009



William Werner, MD

The most recent KRA data reports AIMMC leading the Advocate Health Care system in overall hospital site performance with a score of 100. We are also exceeding targets for AMI, HF, ambulatory surgery antibiotic use, nosocomial infec-

tion rate, post-op PE/DVT and the use of eICU protocols for sepsis and ventilator liberation. CPOE use leads the system and we have exceeded our stretch goal for January and February of 2009.

Challenges remain for the eICU protocols on glycemic control and ventilation sedation. The core bundles for PN and SCIP are below the new targets for 2009 but improving as is the pressure ulcer score.

▲ = at or above target / ▼ = below target, above baseline / ▼ = below baseline Results as of 03/23/09

Site Summary	Result	Quarterly Target	Achieved
Advocate Illinois Masonic Medical Center	100	97	▲
Key Performance Indicators (KPI)	Result	Annual Target	Achieved
HQA Acute Myocardial Infarction (AMI)	100%	100%	▲
HQA Heart Failure (HF)	100%	96%	▲
HQA Pneumonia (PN)	86%	91%	▼
HQA Surgical Care Improv. Proj. (SCIP)	86%	88%	▼
HQA HOP Antibiotic Timing Compliance	100%	94%	▲
HQA HOP Antibiotic Selection Compliance	96%	90%	▲
Complication Index	0.85	0.84	▼
Mortality Index	0.58	0.56	▼
Number of CPOE Orders	99,326	61,790	▲
AHRQ Pressure Ulcer Index	1.13	0.65	▼
AHRQ Selected Infections Index	0.56	0.61	▲

Assistance Needed for Efficient Patient Flow

Despite the current recession, Advocate Illinois Masonic Medical Center continues to be so busy with inpatient admissions that care is taken to ascertain that beds are being turned over in as efficient and as timely a manner as possible.

To this end, the Patient Access/Bed Management Department asks physicians to assist by providing complete and accurate information upon patient admission. In addition, it's crucial that physicians facilitate discharge planning with the clinical teams as early as possible.

"We want to help the physicians by having beds open when they need them," said Michael Sciarabba, director of Patient Access. "To efficiently move patients through, we need complete information up front upon admission."

Sciarabba also said physicians who round on their patients as early as possible on the day of their discharge will assist in the patient flow and ensure there are open and available beds for incoming patients.

Illinois Masonic's Physician Stars, First Quarter 2009

January 2009



Michele Mellett, MD
Trauma Services

"A trauma patient had been recovering slowly in the hospital for many months... When Christmas came, Dr. Mellett organized decorations for his room. This is just another example of how Dr. Mellett treats not only the physical ills of her patients, but cares for their spirits as well."

February 2009

Ann Mauer, MD
Hematology/Oncology

"I want to thank Dr. Mauer for her kind words and her helping



hands on my treatment that I will be having for the next three to six months. She has been a blessing as I go down the road of life—a life that I am fighting for with all my heart and soul. She will help me make it."

February 2009



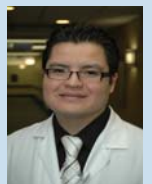
Sataporn Muang-In, MD
Neonatology

"Dr. Muang-In is a fairly new neonatologist in the NICU. He always goes above and beyond the call of duty. One example was when he was on call for 24 hours, and at the very end of his shift triplets were being transported in. He knew the oncoming neonatologist was going to have a very busy and stressful day, so Dr. Muang-In helped by looking

at all the morning babies and writing the very time consuming TPN orders. This takes a big load off of the next physician. We are so lucky to have Dr. Muang-In on staff with us."

March 2009

Juan Vergara Saavedra, MD
Resident



"During a complicated patient discharge, Dr. Vergara assisted nurses with discharge instructions for a Spanish-speaking patient—a patient with congestive heart failure who had been noncompliant with his medications. Though this was not Dr. Vergara's patient, he did not hesitate to assist. We appreciated his generosity of time!"

Illinois Masonic Welcomes New Physicians

Please join us in welcoming the following physicians and allied health professionals to the Advocate Illinois Masonic Medical Center family. Contact information is provided for these new members of the medical staff.

Allergy & Immunology

John G. Latall, MD

1317 W. Diversey Parkway, Chicago
(773) 665-4016—office
(773) 620-4566—pager

CardioThoracic Surgery

Khaled M. Abdelhady, MD

2555 South King Drive, Chicago
(312) 674-4006—office
(847) 614-4215—pager

Family Medicine

Farooq M. Ahmed, MD

Medici Health Care Providers
SC493 East 31st St., Ste. 493, Chicago
(312) 674-1300—office
(847) 206-2274—pager

Tony R. Vancauwelaert, MD

2740 W. Foster Ave., Chicago
(773) 506-2000—office
(773) 781-4088—pager

Geriatric Medicine

Magda Houlberg, MD

Howard Brown Health Center
4025 N. Sheridan Road, Chicago
(773) 388-1600—office
(773) 388-8660—service

Internal Medicine

Hema Azad, MD

1111 Superior St., Ste. 104, Melrose Park
(708) 486-2700—office

Arnold Turner, MD

2850 S. Wabash Ave., Ste. 106, Chicago
(312) 842-4400—office
(312) 514-1124—pager

Neurology

Jonathan E. Vogel, MD

Clinical Neurosciences, SC
8 S. Michigan Ave., Ste. 1505, Chicago
(312) 263-2828—office
(312) 387-1206—pager

Physical Medicine/ Rehabilitation

Julie Whittington-Cirton, MD

Rehabilitation Institute of Chicago
345 E. Superior St., Ste. 1126, Chicago
(312) 238-1000—office
(312) 695-9085—pager

Pulmonary Medicine (eICU only)

Asif Awar, MD

North Suburban Pulmonary & Critical Care
8780 West Golf Road, Ste. 102, Niles
(847) 759-4770—office

Allied Health Professionals

James A. Baker, PA-C

Physician Assistant,
Surgery/Neurosurgery
Robert Erickson, MD, supervisory
physician
Lake County Neurosurgery, LLC
712 S. Milwaukee Ave., Libertyville
(847) 362-1848—office

Maria Tejada, CNM

Certified Nurse Midwife
Silvia Bicalho, MD, Collaborative
Practice Physician
Nurse Midwifery Service
3048 N. Wilton Ave., 3rd Floor, Chicago
(773) 296-7032—office

Marina Schanks, APN

Certified Nurse Practitioner,
Cardiovascular Surgery
Balasubramaniam Iyer, MD, supervisory
physician
836 W. Wellington Ave., Chicago
(773) 296-5664—office

Program Assesses Your Patients' Genetic Risk of Cancer

The Creticos Cancer Center has launched a Cancer Risk Evaluation Program, investigating whether cancer risk in an individual or family is due to inherited susceptibility.

Melody White Perpich, genetics counselor, works with patients—and their primary care physicians—to identify family histories of specific forms of cancer. These include a personal or family history suggestive of hereditary breast and ovarian cancer (HBOC); Cowden Syndrome; Li-Fraumeni Syndrome; hereditary melanoma; multiple endocrine neoplasia; Lynch Syndrome; and familial adenomatous polyposis (FAP). A typical genetic counseling appointment includes:

- compiling a detailed family history
- identifying cancer risk given hereditary cancer syndromes
- determining if genetic testing is appropriate

- providing an accurate interpretation of results
- working through insurance issues
- ensuring the most appropriate test is used
- providing follow-up letters to patients and physicians
- providing management recommendations
- referring to psychosocial support, as needed

“We’re here to help provide psychological support for patients during a very stressful time,” White Perpich said. “Only about 5 to 10 percent of cancers are actually due to an inherited susceptibility, but we work with anyone a physician deems appropriate. We’d rather err on the side of caution.”

The program is now accepting patients that you feel would benefit from the program. Please contact White Perpich at the Creticos Cancer Center, (773) 296-7248.

Physician Involvement

Godbole Chairs AHA Section, Brings AIMMC National Exposure



Anil Godbole, MD

Anil Godbole, MD, chair of AIMMC's Department of Psychiatry, has been named the 2009 chair of the American Hospital Association's (AHA) section for psychiatric and substance abuse services.

As the new chair of the section, Godbole will lead the AHA's efforts in the area of behavioral health. He says he is ready for the challenge.

"Chairing this section will

provide an opportunity to have a local voice in a national forum," said Godbole. "I'm going to ensure that we stay state-of-the-art in our care and empower our patients—partner with them in their own care. This position will allow me to share with Illinois Masonic what's happening at a national level and vice versa."

Previously, Godbole served as President George W. Bush's appointee to the New Freedom Commission on Mental Health, chairing its Subcommittee on Evidence-based practices and co-chairing its Subcommittee on Older Adults.

"I'm really looking forward to getting a glimpse into the new administration's efforts in health care," Godbole said. "As health care takes a bigger place on the agenda, it will be very exciting to be in the front row to see and respond to the changes."

A Distinguished Fellow of the American Psychiatric Society, Godbole's career spans more than 35 years. He has authored several articles and presented at various national meetings. He received his medical degree in India at MGM Medical College and completed his residency in psychiatry here in Chicago.

Legislators 'Intern' at AIMMC



Shastri Swaminathan, MD; Illinois State Representative Greg Harris and Carroll Cradock, PhD

AIMMC has been the site of several Legislative Mini-internships by the Chicago Medical Society (CMS) over the past several months.

The sessions provide legislators with first-hand experience in what it's like to be a physician, exposing them to the

realities of medicine and allowing them to draw their own conclusions about the complexities of the profession.

In turn, physicians become better acquainted with legislative responsibilities. Activities typically include a tour, discussion with the medical staff and general observation.

In September, Illinois Rep. Joseph Lyons (19th District) interned at Amunsen High School's Student Health Center with Elizabeth Feldman, MD, the center's medical director, who showed him the importance of school-based health centers.

Illinois Rep. Greg Harris (13th District) shadowed Shastri Swaminathan, MD, vice chair of the Department of Psychiatry and president of the Illinois State Medical Society, at AIMMC's Behavioral Health Center in January, learning about the department's efforts and challenges.

And Illinois Rep. Maria Antonia "Toni" Berrios (39th District) toured the Neonatal Intensive Care Unit (NICU) with Nestor Ramirez, MD. Rep. Berrios suited up in sterile scrubs and visited the babies of the NICU.

More internships are planned as legislators request a look at health care's front lines in Chicago.

Upcoming Events @ AIMMC

April

- 21 Medical Staff Quarterly Meeting**
Rendezvous Cafe, Physician Dining Area
6 p.m. dinner, 7 p.m. meeting
- 26 Ravenswood Run/Walk 5K**
Wilson & Hermitage Avenues, 8 a.m.
Register with discounted fee via AIMMC's Intranet.
- 29 Hyde Park Associates Welcome Reception**
Board Room, 7th floor, main hospital
7:30 to 8:30 a.m., morning refreshments available
- 29 22nd Annual L.L. Braun Lecture in Medicine**
"Promotion of Cardiovascular Health: From Risk Factors to Imaging and Genomics"
Valentin Fuster, MD, PhD, director, Mount Sinai Heart, presenting
Olson Auditorium, 4 p.m.

We Want to Hear From You!

Do you have something you want other AIMMC physicians to know?

Submit your news tips to Tim Nelson at Timothy.Nelson@advocatehealth.com or by calling (773) 296-8002.

Contributions for the next *Physician Forum* are due by June 15, 2009.